

A Note on Higher Power...

We see value in the idea that there is a spirit of compassion and love that is available at all times in all things. This Higher Power can be called upon to inform our actions and therefore our culture which comprises our collective actions. Your Higher Power may be 'God' or gods, it may be a collection of external subjectivities which may also include your own, it may be nature, or an element, an ancestor or an animal, or as more than one fellow has shared, a doorknob. For some a Higher Power may be a Higher Self, the part of oneself in deep connection with the broad spectrum of being, and able to consider the wellbeing of all — free from cultural conditioning and egoic concern. Ultimately, and despite our best efforts and predictions, there are infinite forces at play beyond our perception (let alone control) that influence the course of personal and cosmic events. The point of appealing to a Higher Power is not to affirm the might of any all-powerful being, but to remind us of our relativity to a greater network. This is also an opportunity to decenter your own subjectivity as the locus around which the universe revolves. By considering all that which is outside of ourselves, we are reminded of our limitations, allowing us to consider what is and is not within our control. **This is liberating, and orients us toward real options for recourse.** Salvation is not assured, but awakening remains available.

Pray However, to Whatever; No Belief Required, Benevolence Encouraged.

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(website under construction)

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Apocalypse Anonymous

"Here We Are"



Apocalypse Anonymous is a fellowship of apes and companion organisms who are composed of air, water, earth, sun, cosmic debris, and dark matter who share a collective experience of apocalypses.

The only requirement for membership is a willingness to want to be here. There are no fees to join AA but there may be a cost. AA considers all sects, denominations, politics, organizations, and institutions; offers accompaniment with controversy; and neither endorses nor opposes any causes. Our primary purpose is to commune with our endings and abide others doing the same

The 12 Steps of Apocalypse Anonymous

We embark on the following steps as a program of recovery:

1. We admit we are **powerless over apocalypse** – that life itself is unmanageable.
2. We come to believe that **powers greater than the human ego pervade all circumstances** in body and life.
3. We make a decision to **turn our will and lives over to the compassion and guidance of a Higher Power** of our understanding.
4. We make a courageous and searching **moral inventory** of our circumstances, thoughts, and deeds.
5. We admit to ourselves, our Higher Power, and another human **the precise moral nature of our circumstances, thoughts, and deeds**.
6. We become willing to have a Higher Power **transform our thoughts and deeds** to align with our values.
7. We humbly ask Higher Power to **support this transformation**.

8. We make a list of **all ecological, cultural, personal, and interpersonal damages** both caused by and done to us; and become willing to make amends for the damages we caused; or to forgive those who harmed us; remembering always grace for, and amends to, the self.

9. We make, whenever possible, **direct amends through words and deeds** to those we harmed, and cultivate forgiveness for those who have harmed us – including ourselves.

10. We continue to **remain mindful of the effect our deeds, attitudes, and environment** have on ourselves and the beings/things that surround us, and when we act unskillfully, promptly admit it.

11. We seek to improve our **conscious contact with ourselves and our local and cosmic environments** so that we may continue to gain insight and strength with which to channel our Higher Power's compassionate aspiration for all beings through processes including but not limited to observation, prayer, meditation and cooperation.

12. Having had a spiritual awakening as a result of these steps, **we carry this message** to others and try to practice presence and these principles in all our affairs.

