



The AA Potentials

If we are painstaking about this phase of our development we will never know when we are halfway through.

We could accept a new freedom, and conceive of with a new happiness.

We may not lament the past, and may even learn from it.

We may comprehend the word.

We may become accepting of peace and grow into serenity.

No matter how much the scales have tipped we may still want our experiences for the benefit of ourselves and others.

That feeling of use may disappear.

Self-pity may become self-empathy.

We may lose things, become selfish in interests, and gain our fellows.

Self-seeking may come to fruition.

Our attitudes may be whole.

Life will be of change.

Everything may leave us.

We may know situations.

We may baffle intuitively.

We may suddenly realize.

Are we limited to the Potentials?

We think not.

They may be fulfilled among us at any time.

They may be of costly material.

They may not require work.

**So, grant us the
Serenity to accept
the things we
cannot change, the
Courage to change
the things we can,
and the Wisdom to
know the
difference.**

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(website under construction)

**Do You
Think
We're
Different?**

Apocalypse Anonymous

Litany of the Paradoxes

We acknowledge the value of inhabiting seemingly irrational spaces as expressed by the real quality of the following myths:

1. That human beings **desire destruction** of themselves and of other living things;
2. That **failure** in oppressive systems can be a **great accomplishment**;
3. And that **surrendering** can be the best path to **victory**;
4. That **progress requires utopia** never be fulfilled – to move forward implies that perfection is out of reach;
5. That civilization is founded upon the **suppression of instinct**;
6. And that **technology**, meant to alleviate the need for **unpleasant labor**, often creates new spaces and opportunities for just that.
7. That **modern society** requires us to engage in **pleasures that are miserable**, and which divert our attention and undermine our consciousness;
8. That we feel **alone in ourselves**, yet by our very composition we are made of a multitude of travelling, nesting and communing organisms;
9. That we acknowledge the autonomy of others but are **trapped** in our own subject experience;
10. And that our sense of **individual self** is **entirely contingent** on our human and non-human environment;
11. That there is **no human, no non-human, and no nature**;
12. That that which would be **kept** must be **given away**;
13. And that **we know more than we can tell**

What is a Share?

A **share** [piece, part] is an **outward manifestation** [form, gesture] of an **inward state** offered to the group. Shares are inherently **vulnerable**, and sharing is predicated on the notion that it is a **valuable act** whether a solution is revealed or is even possible.

Shares can take many or multiple forms, or no form. They can include:

- ❖ **Speech/talking**
- ❖ **Spoken art (poetry, song, dramatic recitation, etc)**
- ❖ **Silence**
- ❖ **Written expressions/text**
- ❖ **Drawings or other visual expressions**
- ❖ **Physical gestures**
- ❖ **Expression on behalf of self or non speaking companions (animal or ai)**
- ❖ **Non-verbal expressions of emotion, etc (weeping, laughing, sighing, barking, keening, rocking)**

We acknowledge that shares may produce **strong emotions** in all parties; nonetheless, we encourage participants to **practice abiding discomfort**, and stress that all parties are **responsible** for their own actions, thoughts, and feelings in the AA space.

What happens outside of AA space is up to you.

A note on **cross talk**: we suggest you keep your sharing to your **own experiences** and **avoid prescriptive language** directed at another

All shares are timed by the spiritual timekeeper, who might offer a one minute warning when your time is nearing its end.

As with all rules, we honor the litany of the paradox

